



## OCCUPATIONAL HEALTH SCREENING SERVICES

20  
YEARS

★ ★ ★ ★ ★  
Serving Our Clients  
With Excellence

TRUSTED PARTNER FOR  
OCCUPATIONAL HEALTH SERVICES



مركز الهلال الأمريكي للرعاية الطبية  
AMERICAN CRESCENT HEALTH CARE CENTER

By Somerian Health

# Trusted Partner For Occupational Health Services



## About Us

Since our inception in 1999, we have helped our clients in boosting the productivity and performance of their businesses by helping their workforces become healthier. Clients value our expertise, professionalism, responsiveness, and dedication. As a result, we respect the confidence they place in us and act with the utmost discretion, confidentiality, and care.

American Crescent Health Care Center by Somerian Health, offers trusted and high-quality occupational health services to leading industries across the UAE, including construction, transportation, manufacturing, hospitality, healthcare, and other key sectors as well as in many other world-class organizations.

## Why Choose ACHC?

American Crescent Health Care Center has over 20 years of expertise working with both large multinational corporations and small businesses. Our team of qualified and experienced occupational health nurses and physicians are available to assist and advise your company. We are known for providing effective and focused solutions, with a concentration on prevention rather than reaction.

We take pride in our continuous quality improvement to ensure the best healthcare standards, as confirmed by local and international accreditation, while also offering timely and accurate medical reporting.

**We are part of the largest healthcare operators in Abu Dhabi**





# 720,000+

health screenings conducted across different industry sectors

- 
- Oil & Gas
  - Construction
  - Engineering
  - Transport
  - Food Handler Screening
  - Cleaner Screening
  - Manufacturing
  - Healthcare Workers
  - Divers' Medical Screening
  - Airline Crew Screening
  - Universities, Colleges & Other Educational Institutions
  - Hairdressers & Beauty Salon Employees
  - Agriculture Poultry & Animal Breeders
  - Hospitality
  - White Collar Screening
  - Embassies & International Screenings



ACHC  
By  
Somerian  
Health



Our adaptable Occupational Health services are intended to improve the health and well-being of your employees as well as the health and well-being of your business.

### Core Occupational Health Services



Pre-Employment Screening



Sickness Absence Management



Fit To Work Medicals



Offshore/Onshore Medical



Pension Screening

### Specialist Medical Assessments



OGUK/OEUK Medical



OSHAD Medical



ILO Medical



HAVS Surveillance



Respiratory Health Surveillance

### Other Services



Ergonomic Consultancies



Workplace Health Promotion



Workplace Risk Assessment & Management



Physiotherapy & Rehabilitation



Immunizations & Vaccinations

## OFFSHORE/ONSHORE MEDICALS

Employee medicals are required by organizations in the oil and gas industry to guarantee an individual's fitness to operate in a remote environment. The medicals evaluate your employees' health and verify that the environment, risky activities, equipment, and substances are not harming their health or productivity.

### What does an offshore medical consist of?

Each person may anticipate receiving a thorough medical examination that includes a review of their prior health and employment history. During their medical, each person will also receive assessments for the following, but not limited to:

- Hearing test (audiometry)
- Vision test
- Body mass index (BMI)
- Urinalysis
- Respiratory / lung function test
- General health review (BP, height & weight)
- Patient medical history



## OGUK/OEUK

Oil & Gas UK (OGUK) is the fitness standard that is being increasingly accepted worldwide as an indicator of health and fitness for anyone working in the oil and gas industry.

Because of the working circumstances, safety is a primary priority and every person must be physically fit for duty. It protects the employees gaining certification and, as a result, decreases risk for their other offshore team members, who frequently rely on them to do their job successfully.

The exam is similar to a standard physical exam, except that an OGUK/OEUK physical is more extensive and must be given by a licensed, OGUK/OEUK qualified physician. American Crescent Health Care Center is Abu Dhabi's recognized provider of OGUK/OEUK medicals.



## PRE-EMPLOYMENT SCREENING

Employers must ensure that a potential new employee is fit for the job and that working in the role will not be harmful to their health.

### Benefits of Pre-Employment Screening

- Determine the work-related health risks associated with the planned employment.
- Establish a baseline for future focused health screenings (i.e. lung function test, hearing test etc.).
- Provide advice on the need for health surveillance or screening in regard to a specific job role.
- Advise Management, as needed, on any reasonable changes to the job content or environment that may be required following the declaration of a medical condition or disability.

Following the pre-employment assessment, the employer will be given a Fitness Certificate showing the applicant's suitability for the job.



## SICKNESS ABSENCE MANAGEMENT

American Crescent Health Care Center offers a flexible approach to providing a sickness absence management policy that is customized to your company's needs, whilst reducing sickness absence rate and related absence costs.

### Employees are going to be sick from time to time and further investigation is required for:

- Frequent short-term illness breaks
- Extended illness absence of several weeks or more
- Return to work after a long period of sickness absence
- Poor job performance as a result of a suspected underlying health condition



## FIT TO WORK MEDICALS

It is critical to ensure that all types of employees, including temporary workers, are physically and mentally fit to perform their duties successfully and without endangering their own or others' health and safety.

### Fitness to work medicals can be taken at:

- Pre-Employment
- Following Sickness Absence
- Prior to Safety-Critical Work
- Regularly for specific duties (e.g. LGV / lift truck driving; where health screening is required)
- When health problems are identified



## INDUSTRIAL WORKERS MEDICAL SCREENING

Industrial workers face unique occupational health risks due to the demands of their job, and it is important for employers to ensure that these workers are protected from these risks. Physical hazards such as slips, trips, and falls, as well as exposure to toxic substances or radiation, are examples of risks.

Occupational health screenings should cover regular examinations and tests for potential injuries or illnesses induced by work conditions.

### Industrial workers health assessments may cover:

- Physical Examination (with questionnaire)
- Vision test
- Lung function test (spirometry)
- Hearing test (audiometry)
- Chest X-Ray
- Electrocardiogram
- Lab Tests



## HOSPITALITY SCREENING

Health and safety is an important consideration for any workplace as it's a high priority to keep both workers and guests safe. A medical fitness certificate is required for all permanent, part-time, and casual employees in all hospitality departments, including engineering, front-of-house personnel, maintenance, security, housekeeping, laundry personnel, executive management, and contractors.

**The examination includes tests for the following diseases:**

- HIV and AIDS screening
- TB
- Leprosy
- Hepatitis B
- Hepatitis C



## FOOD HANDLER SCREENING

Food handlers include those who work in shops that prepare, manufacture, distribute and store all kinds of food items, in addition to restaurants, cafeterias and coffee shops.

A physical examination is required to screen for communicable diseases and infections, as well as skin problems and to ensure adequate eyesight. The same screening protocol will be conducted annually for the first 3 years of employment.

Typhoid vaccination is required for an applicant who do not have a vaccination card with two doses completed. In the event candidate labs indicate low immunity, Hep A vaccination will be required.

**Procedures:**

- Physical examination (with questionnaire)
- Vital Signs
- Vision Test
- Lab Tests - HAV IGM (Hepatitis A Virus), HAV IGG (Total), Stool General, Stool Culture



## DRIVERS MEDICAL SCREENING

The drivers medical screening is intended to look at specific aspects of an individual's health that are likely to affect vehicle operation safety. It consists of a variety of health-related questions and examinations.

During the evaluation, our specialist doctors will check for physical health factors such as blood pressure, but they will also analyze the possible impact of other health disorders such as heart conditions, certain types of diabetes, and epilepsy. This medical screening is a mandatory requirement before the renewal of driver's license.

### Heavy vehicle drivers medical

- Physical Examination (with questionnaire)
- Vital signs
- Hearing test (audiometry)
- Electrocardiogram
- Lab tests (CBC, HBA1C, Urine)

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- Physical Examination (with questionnaire)
- Vital signs
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## IMMUNIZATIONS

Infections can swiftly spread throughout the workplace, putting your employees and their productivity in danger, especially if you work in a high-risk field. You can provide your employees with safety and vital healthcare programs by offering vaccination and immunization services.

American Crescent Health Care Center can provide a recommendation on what your employees should obtain while attending our clinic based on the work they undertake.

### Vaccinations are required for the following workers:

- Food handlers
- Hospitality staff
- Healthcare workers
- School teachers
- Beauticians



## RESPIRATORY HEALTH SURVEILLANCE

All employers are required to evaluate the risks of any workers who may be exposed to agents that may harm their health, such as respiratory sensitizers, irritants, and carcinogens.

Risks should be controlled and watched, and health surveillance should be implemented as needed.



## HAVS SURVEILLANCE

Hand-arm vibration syndrome (HAVS) is a common condition that affects many sectors and occupations. HAV exposure at work can be caused by hand-held power tools, hand-guided equipment, and hand-fed machinery (such as pedestal grinders). Exposure to this shaking for an extended period of time might be hazardous to the operator's health.

If the findings suggest a high possibility of HAVS signs and symptoms, our Occupational Health specialist will refer the employee to a physician with experience diagnosing and treating vibration-related disorders.





In addition to providing medical screenings, fitness to work certifications and sick leave services, our occupational health doctors can assist the provision of a variety of other activities such as:

- Ergonomic Consultancies
- Physiotherapy & Rehabilitation
- Workplace Health Promotion
- Workplace Risk Assessment & Management

With the full support of our experienced professionals, American Crescent Health Care Center can work with you to create employee well-being programs tailored to the needs of your business.

# Booking An Appointment

Appointments for individuals and group can be made by phone, email, or via our website.

We will accommodate walk-ins whenever possible, however, priority will be given to individuals with prior appointments.

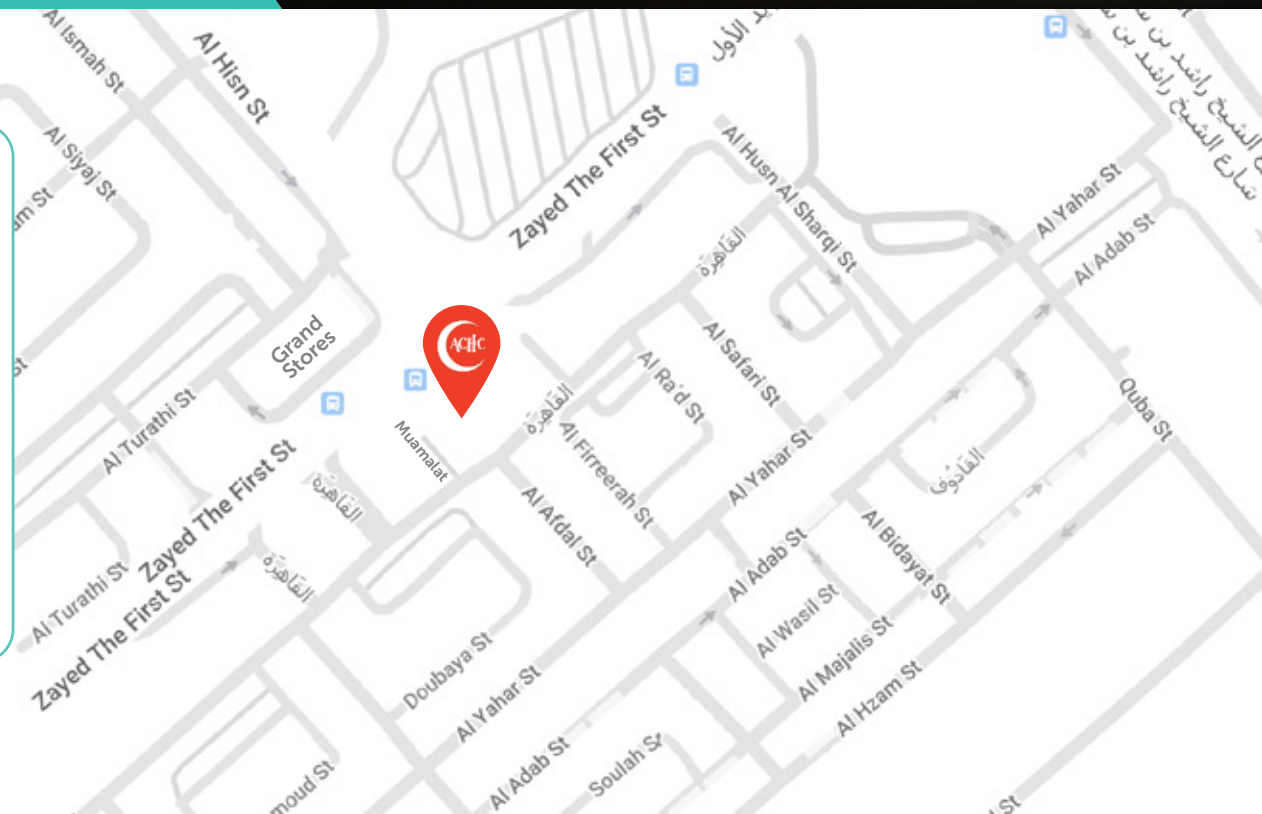


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